



BrightonSM

Proclamation

Suicide Prevention and Awareness Month

WHEREAS, September is known as National Suicide Prevention and Awareness Month in the United States and is a time to raise awareness on this stigmatized topic and educate the community on how we can help those who may be struggling; and

WHEREAS, according to the CDC, in 2019, 12 million American adults seriously thought about suicide, 3.5 million made a plan, and 1.4 million attempted suicide; and

WHEREAS, approximately 47,500 Americans died by suicide in 2019 and for every death by suicide, which is about one death every 11 minutes; and

WHEREAS, suicide ranks as the second leading cause of death for ages 10–34 and the fourth leading cause for ages 35–44; and

WHEREAS, Colorado had one of the 10 highest age-adjusted suicide death rates in the nation, at 21.9 deaths per 100,000 people; and

WHEREAS, the residents of Brighton recognize their role in preventing suicide and through the Brighton Youth Commission-led initiative SPEAK (Suicide Prevention Education Awareness and Knowledge) Week, have worked together since 2012 to increase awareness about suicide prevention, decrease its frequency, provide hope to survivors, and build a caring, supportive community; and


WHEREAS, the City of Brighton is dedicated to suicide prevention by educating the community on prevention strategies, promoting crisis and intervention resources and expanding support through community-wide partnerships, and

WHEREAS, we use this month to reach out and help those with suicidal thoughts and feelings, to families and friends affected by suicide, and raise awareness of the warning signs of suicide.

NOW, THEREFORE, BE IT RESOLVED, that I, Gregory Mills, Mayor of the City of Brighton, on behalf of the City Council, do hereby proclaim September as Suicide Prevention and Awareness Month.

DATED this 21st day of September 2021


ATTEST:



Natalie Hoel, City Clerk



CITY OF BRIGHTON



Gregory Mills, Mayor
Matt Johnston, Mayor Pro Tem
Clint Blackhurst
Adam Cushing
Mark Humbert
Kris Jordinelli
Mary Ellen Pollack
Ann Taddeo
Tim Watts