



Proclamation

Men's Health Month

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than woman with Native American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 variants continue to spread across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-10; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and


WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the residents of Brighton are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

NOW, THEREFORE BE IT RESOLVED that I, Gregory Mills, Mayor of the City of Brighton, on behalf of the Brighton City Council, do hereby proclaim June 2022 as Men's Health Month in Brighton and encourage all of our residents to pursue preventative health practices and early detection efforts throughout the year.


DATED this 7th day of June 2022.

ATTEST:


Natalie Hoel, City Clerk



CITY OF BRIGHTON



Gregory Mills, Mayor
Adam Cushing, Mayor Pro Tem
Clint Blackhurst
Matt Johnston
Peter Padilla
Jan Pawlowski
Mary Ellen Pollack
Ann Taddeo
Tim Watts