



Proclamation

American Diabetes Month

WHEREAS, today, nearly 30 million Americans have diabetes.

WHEREAS, this devastating disease affects men and women of all backgrounds and ages, and can cause serious health complications, including blindness, kidney failure, heart disease, stroke and the loss of lower limbs;

WHEREAS, most commonly diagnosed in young people, type 1 diabetes has no known method of prevention. However, it can be managed with regular exercise, good nutrition, and proper medication;

WHEREAS, another 86 million Americans have pre-diabetes and are at risk for developing type 2 diabetes;

WHEREAS, people with diabetes are nearly twice as likely to be hospitalized for a heart attack or stroke;

WHEREAS, the American Diabetes Association estimates that the total national cost of diagnosed diabetes in the United States is \$245 billion;

WHEREAS, one in five health care dollars is spent caring for people with diabetes;

WHEREAS, American Diabetes Month takes place each November and is a time to come together as a community to stop diabetes;

WHEREAS, during National Diabetes Month, we stand with all those battling this chronic, life-threatening disease and their families, and we pay tribute to the advocates, researchers, and health care professionals who are committed to supporting healthy lifestyles in communities across our country;

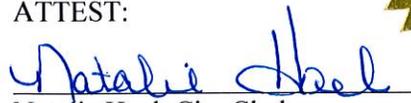
NOW, THEREFORE BE IT RESOLVED that I, Richard N. McLean, Mayor of the City of Brighton, on behalf of the City Council, do hereby proclaim November as "American Diabetes Month." We hereby commit to supporting healthy lifestyles in Brighton in support of those with diabetes.

DATED this 18th day of November, 2014

CITY OF BRIGHTON



ATTEST:


Natalie Hoel, City Clerk


Richard N. McLean, Mayor
Kirby Wallin, Mayor Pro-Tem
Lynn Baca
Rex Bell
J.W. Edwards
Mark Humbert
Joan Kniss
Ken Kreutzer
Cynthia Martinez