



# Proclamation

## Suicide Prevention and Awareness Month

**WHEREAS**, September is known as National Suicide Prevention and Awareness Month in the United States and is a time to raise awareness on this stigmatized topic and educate the community on how we can help those who may be struggling; and

**WHEREAS**, according to the CDC, in 2020, 12.2 million American adults seriously thought about suicide, 3.2 million made a plan, and 1.2 million attempted suicide; and

**WHEREAS**, approximately 45,979 Americans died by suicide in 2020, which is about one death every 11 minutes; and

**WHEREAS**, for every suicide death there are approximately four hospitalizations for suicide attempts, eight emergency department visits related to suicide, 27 self-reported suicide attempts, and 275 people who seriously considered suicide; and

**WHEREAS**, in 2020, suicide was among the top 9 leading causes of death for people ages 10-64. Suicide was the second leading cause of death for people ages 10-14 and 25-34; and

**WHEREAS**, the residents of Brighton recognize their role in preventing suicide and through the Brighton Youth Commission-led initiative SPEAK (Suicide Prevention Education Awareness and Knowledge) Week, have worked together since 2012 to increase awareness about suicide prevention, decrease its frequency, provide hope to survivors, and build a caring, supportive community; and

**WHEREAS**, the City of Brighton is dedicated to suicide prevention by educating the community on prevention strategies, promoting crisis and intervention resources and expanding support through community-wide partnerships, and

**WHEREAS**, we use this month to reach out and help those with suicidal thoughts and feelings, to families and friends affected by suicide, and raise awareness of the warning signs of suicide.

**NOW, THEREFORE, BE IT RESOLVED**, that I, Gregory Mills, Mayor of the City of Brighton, on behalf of the City Council, do hereby proclaim September as Suicide Prevention and Awareness Month.


**DATED** this 20<sup>th</sup> day of September, 2022

**ATTEST:**

  
Natalie Hoel, City Clerk



**CITY OF BRIGHTON**

  
\_\_\_\_\_  
Gregory Mills, Mayor  
Adam Cushing, Mayor Pro Tem  
Clint Blackhurst  
Matt Johnston  
Peter Padilla  
Jan Pawlowski  
Mary Ellen Pollack  
Ann Taddeo