

S.P.E.A.K. Week

WHEREAS, Colorado is sixth in the nation for suicide deaths; and

WHEREAS, suicide is now the second leading cause of all deaths in the state of Colorado among young people between the ages of 10-24; and

WHEREAS, 23% of Colorado high school students indicated feeling sad or hopeless almost every day for two weeks or more during a 12-month period; and

WHEREAS, the stigma associated with mental illness and suicidality works against suicide prevention by discouraging persons at risk for suicide from seeking life-saving help and further traumatizes survivors of suicide; and

WHEREAS, The Brighton Youth Commission intends to expand citywide suicide prevention efforts and believes suicide prevention efforts should be developed and encouraged; and

WHEREAS, together, we can increase awareness about suicide prevention, decrease its frequency, provide hope to survivors, and build a caring, supportive community.

NOW, THEREFORE, I, Richard N. McLean, Mayor of the City of Brighton, on behalf of the City Council, do hereby proclaim May 1-5, 2017 as

Suicide Prevention, Education, Awareness and Knowledge (S.P.E.A.K.) Week in the City of Brighton.

DATED this 18th day of April, 2017.

CITY OF BRIGHTON

Richard N. McLean, Mayor

Ken Kreutzer, Mayor Pro Tem

Lynn Baca

Rex Bell

J.W. Edwards

Mark Humbert

Joan Kniss

Mary Ellen Pollack

Kirby Wallin

ATTEST:

Natalie Hoel, City Clerl