



BrightonSM

Proclamation

Suicide Prevention and Awareness Month

WHEREAS, September is known as National Suicide Prevention and Awareness Month in the United States and is aimed at educating the community on how we can help those who may be struggling; and

WHEREAS, according to the CDC, suicide is the 10th leading cause of death for all ages in the United States; and

WHEREAS, suicide is a major contributor to premature mortality as it ranks as the second leading cause of death for ages 10–34 and the fourth leading cause for ages 35–54; and

WHEREAS, approximately 47,000 Americans died by suicide last year and for every death by suicide, there are over 25 suicide attempts; and

WHEREAS, Colorado is ninth in the nation for suicide deaths and 23% of Colorado high school students indicated feeling sad or hopeless almost every day for two weeks or more during a 12-month period; and

WHEREAS, the residents of Brighton recognize their role in preventing suicide and through the Brighton Youth Commission-led initiative SPEAK (Suicide Prevention Education Awareness and Knowledge) Week, have worked together since 2012 to increase awareness about suicide prevention, decrease its frequency, provide hope to survivors, and build a caring, supportive community; and

WHEREAS, the City of Brighton is dedicated to suicide prevention by educating the community on prevention strategies, promoting crisis and intervention resources and expanding support through community-wide partnerships, and

WHEREAS, we use this month to reach out and help those with suicidal thoughts and feelings, to families and friends affected by suicide, and raise awareness of the warning signs of suicide.

NOW, THEREFORE, BE IT RESOLVED, that I, Gregory Mills, Mayor of the City of Brighton, on behalf of the City Council, do hereby proclaim September as Suicide Prevention and Awareness Month.

DATED this 1st day of September 2020.

ATTEST:



Natalie Hoel, City Clerk



CITY OF BRIGHTON



Gregory Mills, Mayor

Matt Johnston, Mayor Pro Tem

Clint Blackhurst

Adam Cushing

Mark Humbert

Kris Jordinelli

Mary Ellen Pollack

Ann Taddeo

Tim Watts