



# Brighton™

## Proclamation

### Suicide Prevention Education Awareness Knowledge Week

**WHEREAS**, suicide remains a leading cause of death in both the United States and Colorado, and Colorado continues to rank among the states with the highest suicide rates in the nation, according to the most recent data from the Centers for Disease Control and Prevention; and

**WHEREAS**, suicide is one of the leading causes of death among youth in Colorado, underscoring the urgent need for awareness, prevention and early intervention efforts; and

**WHEREAS**, Colorado youth continue to report rising levels of anxiety, depression and isolation, while demand for mental health services remains high; and

**WHEREAS**, increasing awareness, reducing stigma, and encouraging open conversations about mental health are critical steps in preventing suicide and supporting those in need; and

**WHEREAS**, the Brighton Youth Commission (BYC) is committed to strengthening citywide suicide prevention efforts and believes these efforts should be supported and encouraged throughout the community; and

**WHEREAS**, the Brighton Youth Commission founded SPEAK Week in 2012 following the tragic loss of a young community member and has continued the program each year to raise awareness, share resources and reduce the stigma surrounding mental health; and

**WHEREAS**, together, we can raise awareness about suicide prevention, reduce stigma, support those impacted and build a more caring and connected community.

**NOW, THEREFORE BE IT RESOLVED**, that I, Gregory Mills, Mayor of the City of Brighton, on behalf of the Brighton City Council, do hereby proclaim April 26 – May 2, 2026 as Suicide Prevention, Education, Awareness and Knowledge (SPEAK) Week in the City of Brighton.


**DATED** this 7<sup>th</sup> day of April 2026

**CITY OF BRIGHTON**



**ATTEST:**

  
Natalie Hoel, City Clerk

  
Gregory Mills, Mayor  
Peter Padilla, Mayor Pro Tem  
Melinda Carbajal  
Rhianon Collins  
Chris Fiedler  
Tom Green  
Jim Snyder  
Ann Taddeo  
Lloyd Worth